

**A QUICK AND EASY WAY FOR YOUR CLIENT TO TELL YOU WHAT YOU  
NEED TO KNOW EARLY IN A CASE**  
EFFECTIVE USE OF THE MILLION INDEX OF PERSONALITY STYLE REVISED IN  
COLLABORATIVE PRACTICE:

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This Introduction will cover the Million Index of Personality Styles Revised (MIPS- R) s. The MIPS- R measures personality style dimensions in normal populations. The resulting scores and descriptions represent variances within the norm, not identification of psychopathology. It takes about 20 minutes of the client's time. The results give the coach and client an understanding of the client's basic motivation styles, styles of thinking and styles of behavior in relationships. All are important in helping the coach and the client work together and helping the team to work effectively with the client, and team member's work in a coordinated way with each other.

Hour 1 - Understanding the MIPS- R meaning of scores of personal styles:

- Motivating styles- helps to identify the person's emotional style in dealing with his/her environment
- Thinking styles-helps to identify the person's modes of cognitive processing
- Behavioral styles -helps to identify the person's ways of interrelating with others

How to use this information can help all professionals work more effectively with the client and the couple.

How certain patterns can help teams identify challenging clients and couples early on and better inform them of the difficulty they may encounter and what it will take to manage it.

Team discussion of an individual profile

Hour 2 Coach and client going over information together

- Sharing with the client.
  - Checking out the results with the client.
  - Using the results for contracting with the client
  - Demonstration of sharing results with the client.
- Practice sharing results individually in pairs